Wu Style Tai Chi Chuan Academy of Ann Arbor Celebrates

World Tai Chi Day



Saturday April 27, 2013

World Tai Chi Day was April 27 this year. Our academy had planned a series of events, listed on our website and advertised in beautiful fliers and signs. When our open house began, we already had two visitors! We did our standard form at 10—this was the worldwide moment when each school was to do its form, whatever the style. After the form, we spoke to guests about tai chi, Wu style history and unique qualities, and our teaching philosophy. We taught prospective students the first section of our form. A number of people did demonstrations of various hand and weapons forms, and push-hands training. Throughout the day, intermediate and advanced students came to train and to help with visitors. It was a wonderful experience to do the form with so many people, many of whom had not trained together before. People also brought delicious refreshments, from fruit, nuts and baked goods to Chinese tea eggs. We all had a very good time training together, and look forward to doing it again next year!

Thanks to Ellen for the write-up, and to Dennis and Paul for the photos.



































