

Wu Style Tai Chi Chuan Academy of Ann Arbor

Training Locations, Schedules and Rates



Wu Style Tai Chi Chuan Academy of Ann Arbor

4117 Jackson Rd
Ann Arbor, MI
248-229-1060
www.wu-style-ann Arbor.com

Sunday	2:15–3:45 pm	Beginning and Open Training for Intermediate and Advanced
Monday	6:00–8:00 pm 8:00–9:00 pm	Intermediate and Advanced Advanced
Tuesday	6:30–8:30 pm	Sabre
Wednesday	6:00–8:00 pm	Beginning and Open Training for Intermediate and Advanced
Thursday	6:00–7:30 pm 7:00–9:00 pm	Beginning Intermediate and Advanced

Training Rates

\$45/month for one class per week
\$70/month for two or more classes per week

Student and Senior (65+) Rates

\$35/month for one class per week
\$60/month for two or more classes per week
Family rates are also available.

Vistors welcome.

Botsford Center for Health Improvement

39750 Grand River Ave.
Novi, MI 48375
248-473-3100
www.botsford.org/bchi

Monday/ Wednesday/ Friday	1:30–2:30 pm	“Sweet and Low” Sitting Tai Chi <i>Wu style Tai Chi learned while mostly sitting down; designed for people with less mobility due to aging, arthritis, Parkinsons, MS, and any other health related problems.</i>
Wednesday	7:00–8:00 pm	Beginning, intermediate and advanced

Training Rates

Classes free with membership or sign up for specific classes at \$99 for ten classes.

Henry Ford Community College

Center for Lifelong Learning
22586 Ann Arbor Trail
Dearborn Heights, MI 48127
313-317-1500
www.hfcc.edu/CL2

Monday	6:30–8:00 pm	Beginning and Advanced
Saturday	11:15 am– 12:45 pm	Beginning and Advanced

Training Rates

\$39 for four sessions (\$36 for Dearborn residents)
Register online, or phone.

University of Michigan—Dearborn

4901 Evergreen Road
Dearborn, Michigan 48128
313-593-5000
www.umd.umich.edu

Tuesday	6:10–7:25 pm 7:45–9:00 pm	Tai Chi 1—for first-time Beginning students Tai Chi 2—continues with Wu Style
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Training Rates

\$50 for one semester (14 classes)

Classes are held in the Field House during fall and winter semesters only. Open to the public. UM-D students earn one credit.

Jewel Heart Tibetan Buddhist Learning Center

1129 Oak Valley Drive
Ann Arbor, MI. 48108
734-994-3387
www.jewelheart.org/chapters/ann_arbor

Sunday	4:00–5:30 pm	Open
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Training Rates

\$5 donation to Jewel Heart

Classes are occasionally cancelled due to Jewel Heart events. Please check the Jewel Heart website www.jewelheart.org/chapters/ann_arbor or contact Marilyn Feingold at 248-231-9669 for confirmation of classes.